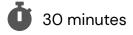




Sweet Potato & Chorizo Salad

Crispy chorizo rounds with oven roasted sweet potato cubes, creamy avocado, sprouts and a smokey paprika yoghurt dressing.





2 servings



You can add some crushed garlic, chilli flakes or cayenne pepper to the paprika oil for extra heat. Try tossing the sweet potatoes with ground cumin or coriander for added flavour.

PROTEIN TOTAL FAT CARBOHYDRATES

FROM YOUR BOX

SWEET POTATOES	500g
CHORIZO	1 packet
AVOCADO	1
CHERRY TOMATOES	1/2 bag (100g) *
SNOW PEA SPROUTS	1/3 punnet *
NATURAL YOGHURT	1/4 cup *

^{*}Ingredient also used in another recipe

FROM YOUR PANTRY

oil for cooking, olive oil, salt and pepper, smoked paprika, apple cider vinegar

KEY UTENSILS

oven tray, frypan

NOTES

If you don't have a non-stick frypan you can add oil when cooking.

This salad is also great the next day! You can stretch it out with some grilled chicken or boiled eggs.

No pork option - chorizo is replaced with smoked chicken. Slice and toss through the salad in step 4.



1. ROAST SWEET POTATOES

Set oven to 220°C.

Cut sweet potatoes into angular pieces (4cm). Toss on a lined oven tray with oil, salt and pepper. Roast for 20-25 minutes until cooked through.



2. COOK THE CHORIZO

Slice chorizo and add to a frypan over medium-high heat (see notes). Cook for 5 minutes turning until crispy. Remove to a plate and reserve pan.



3. MAKE PAPRIKA OIL

Reduce pan heat to low. Stir in 1 tsp smoked paprika, 1 tbsp olive oil and 1 tbsp vinegar. Cook stirring for 2 minutes until infused. Pour into a small bowl to cool.



4. PREPARE THE SALAD

Cut avocado in half and use a spoon to scoop out rough pieces. Halve tomatoes. Halve snow pea sprouts and toss together.



5. FINISH THE DRESSING

Add yoghurt and **1 tbsp water** to cooled paprika oil. Whisk well to make a dressing. Season with **salt and pepper**.



6. FINISH AND PLATE

Divide sweet potato among plates. Scatter over salad and chorizo. Drizzle with paprika yoghurt dressing to taste.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



